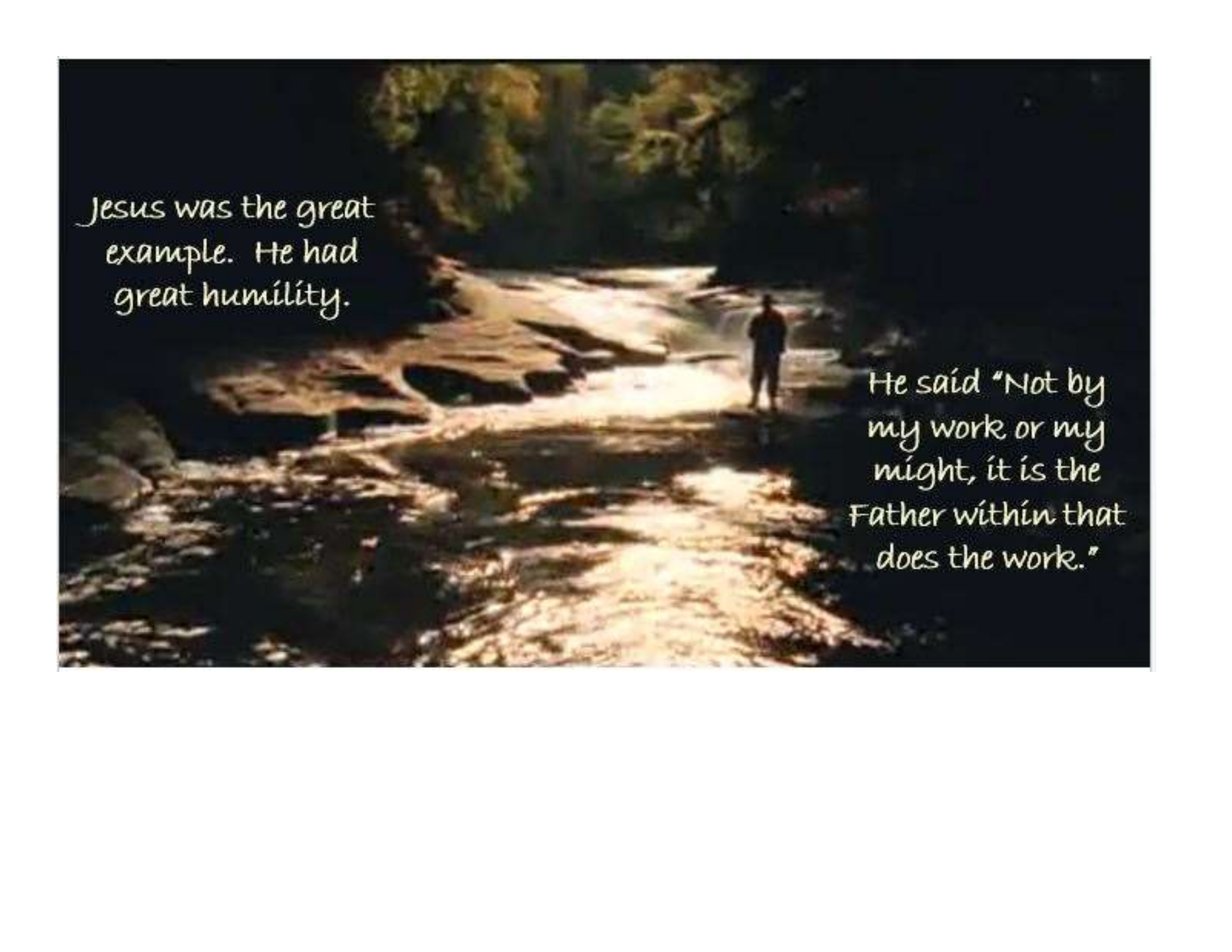


A photograph of a sunset over the ocean. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. The sky is filled with scattered clouds, some of which are illuminated by the setting sun. The ocean in the foreground shows gentle waves with white foam. The overall mood is peaceful and contemplative.

Jesus' teachings were simple, but not simplistic.

A photograph of a person standing in a shallow stream, surrounded by trees and rocks. The scene is dimly lit, with sunlight filtering through the trees, creating a serene and contemplative atmosphere. The person is standing in the middle of the stream, looking towards the camera. The water is clear, and the rocks are visible at the bottom. The overall mood is peaceful and reflective.

Jesus was the great
example. He had
great humility.

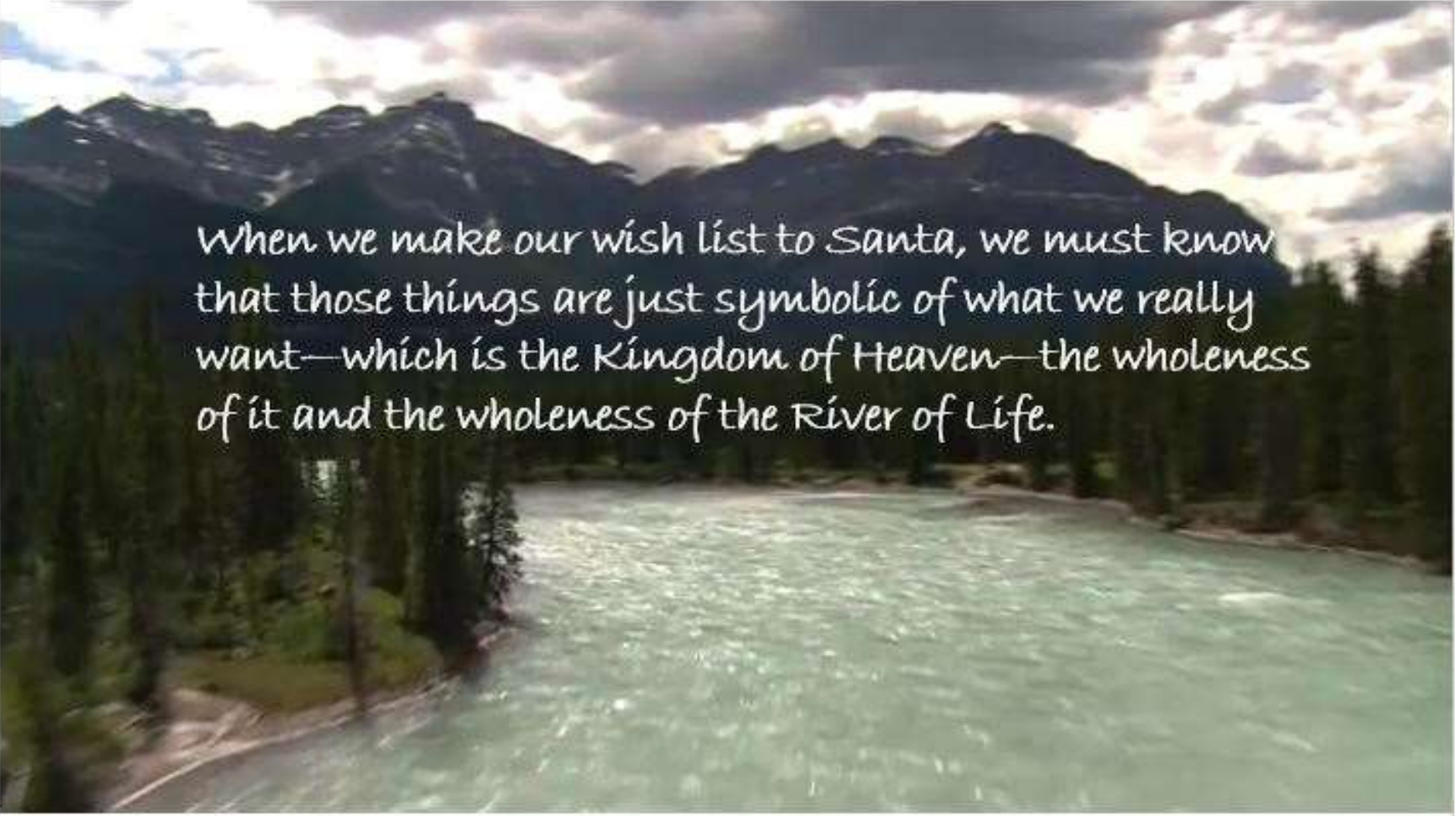
He said "Not by
my work or my
might, it is the
Father within that
does the work."

A scenic view of a river flowing through a forest. The river is rocky and has white water rapids. The trees are lush green, with some showing autumn colors like yellow and orange. The text "The Journey that we travel in life is for the soul's awakening." is overlaid on the image in a white, cursive font.

The Journey that we travel in life is for the soul's awakening.

In order to know peace we must walk a spiritual path and have
faith. And we must live our faith.





When we make our wish list to Santa, we must know that those things are just symbolic of what we really want—which is the Kingdom of Heaven—the wholeness of it and the wholeness of the River of Life.



*When we discover the Kingdom of Heaven
it quickens our intuitive powers!*

A scenic landscape featuring a vibrant green field in the foreground, a turquoise lake in the middle ground, and rolling green mountains in the background under a bright blue sky with scattered white clouds. The text is overlaid on the middle ground.

Did you know that you can hold
thoughts of light, love, and truth in your
mind and help someone around you who
is embroiled in anger?



Lessons from Reverend Helice Greene
Unity Church of Oak Park, Illinois
U.S.A.